



Press Release

August 10, 2007

For Immediate Release

Information / Contacts:

Janice McGuire, Activities Coordinator, Mary's Woods jmcguire@maryswoods.com (503)-675-2473

Erica Terman, Director of Resident Wellness, Mary's Woods eterman@maryswoods.com (503)-675-2442

Tamra Brosseau, Executive Director, Holy Names Heritage Center

tbrosseau@holynamesheritagecenter.org (503)-607-0595

New Art by Old Hands

Creativity in Retirement: Mary's Woods 6th Annual Resident Art Show

Open to Public Saturday, October 27

10:00 am – 3:00 pm

Holy Names Heritage Center

17425 Holy Names Drive at Highway 43

Lake Oswego, OR 97034

"Awaken the partnered powers of age and creativity to find a new sense of possibility."

*- Gene D. Cohen, MD, PhD, *The Creative Age**

LAKE OSWEGO, OR – In Portland's ever-shifting art scene, one never knows where the hottest, newest, on-the-edge emerging artist might debut. Look no further! Mary's Woods at Marylhurst, Oregon's premiere retirement community on the banks of the Willamette River, celebrates the arts in a showcase of talent featuring works by over forty residents. Hosted in the spectacular, newly opened Holy Names Heritage Center, this is the first year *Creativity in Retirement* will be open to the public.

Artists in this show work in a wide variety of media. The works range from charmingly naïve to astonishing, museum-quality. Some artists have made art all their lives. Others have come to it only recently in their retirement and still others have switched to new media because of physical changes that can accompany aging.

In addition to paintings and ceramics, the exhibit includes exquisite examples of woodworking, stained glass, quilting and embroidery. Beautiful handmade paper, jewelry and knit-ware will also be on display.

An essential part of Mary's Woods comprehensive approach to wellness and healthy aging, creativity reverberates throughout Mary's Woods and lends the community a life-affirming energy and vitality. Please join us on Saturday, October 27, from 10:00 am to 3:00 pm for an opportunity to discover some great new work by some old hands.

“Being creative is not the preserve of youth . . . in fact the creative journey can get deeper and richer as we get older.” - Mamo McDonald, Age & Opportunity Ireland